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ACS Benefit Services Introduces National Virtual Physical Therapy Program

Winston-Salem, NC – ACS Benefit Services has announced the launch of a national virtual physical therapy program that is designed to provide those who need physical, speech, or occupational therapy services with meaningful, productive engagement from the comfort and safety of their own homes.

The new, fully-interactive service gives patients the flexibility to connect via smartphone, tablet, or other device with a licensed physical, occupational, or speech therapist who will develop an individualized treatment plan to meet the specific needs of each participant's diagnosis.

"Members will benefit from this customized approach delivered via video-chat sessions at home, making therapy more accessible. This will drive member engagement and decrease barriers to obtaining care," said Jitana Bagomolny, Chief Clinical Officer of Medical Rehabilitation Consultants, Inc., in a statement. "We are excited to partner with ACS to administer this program for ACS' members."

From pre-surgical planning and post-surgical recovery to pain/injury management and home safety/risk management, the program is HIPAA-compliant and meets a diverse range of participant needs. Further, wait times for essential therapy needs are reduced—and virtual physical therapy represents a significant cost savings of \$61.00 per session, on average, over walk-in clinics or home health care-based physical therapy.

"This innovative approach to providing first-rate physical therapy services not only elevates member access to quality care, but also, it introduces an immediate opportunity for significant plan savings for our clients," ACS CEO, Kari L. Niblack, said in a statement. "We continue to focus on rapid innovation, being simultaneously socially responsible. Our virtual therapy program is highly accessible, easy to use, and cost-effective. It's a personalized approach to health and wellness like we've never seen before."

ACS' virtual therapy programs are effective for plan adoption beginning January 1, 2021.

About ACS Benefit Services

At ACS Benefit Services, our sole focus is providing the most innovative products and services available in the health benefits marketplace—all backed with the highest level of customer support. Over the past four decades, we are proud to have grown into a leading third-party administrator (TPA) by continuously focusing on the future of the industry and creating long-term health plan solutions for our employer groups that consistently deliver improved outcomes. For more information, visit acsbenefitsservices.com.